Isolation and Quarantine Protocols based on CDC's 12/27/2021 update:
(these protocols are subject to change as additional CDC recommendations are proposed)

Individuals with COVID-like Symptoms or tested positive for COVID-19: (Regardless of Vaccine Status)

Isolate yourself for a minimum of 5 days and monitor your symptoms. You are able to return to in-person classes/work when **all four** of the following CDC criteria have been met.

1. At least 5 days since symptoms first appeared **and**
2. At least 24 hours with no fever without the use of fever-reducing medication **and**
3. Other symptoms of COVID-19 are improving or have completely resolved (and no new symptoms appear) **and**
4. Continue to wear a mask/face covering around others for 5 additional days after isolation is discontinued.

Potential Exposure to a COVID-19 positive individual:

If you are **asymptomatic** and any of the following scenarios apply to your situation:	
Scenario	Instructions
• Completed the two dose vaccine series for either Pfizer or Moderna <u>within 6 months</u> of your potential exposure **or** • Completed the primary series of J&J vaccine <u>within the last 2 months</u> from your potential exposure **or** • You have had any of the booster shots **or** • You have recovered from COVID-19 within 3 months of your potential exposure.	You **do not need to quarantine** but you must wear a mask around others for 10 days.**
If you are **asymptomatic** and any of the following scenarios apply to your situation:	
Scenario	Instructions
• Completed the primary series of Pfizer or Moderna vaccine <u>over 6 months ago</u> and are not boosted **or** • Completed the primary series of J&J <u>over 2 months ago</u> and are not boosted **or** • Are unvaccinated **or** • Have not recovered from COVID-19 within 3 months of your potential exposure.	Stay home for 7 days after your last exposure. After that continue to wear a mask around others for 5 additional days.**

** If you develop COVID-19 like symptoms or test positive during your quarantine, regardless of your vaccine status, you must isolate and complete the online form titled as "Report Symptoms or Confirmed Case" immediately. **Please note that you will still need to follow MCCCD COVID-19 protocols (including face coverings and social distancing) after the "quarantine requirements have been fulfilled.**