



VETERANS DISCOUNT AVAILABLE! \$50/5 MOS.

(SIGNATURE REQUIRED W/MILITARY ID)

FITNESS CENTER PROGRAMS

Looking to increase your overall health?

The Phoenix College Fitness Center offers expert instruction and quality service to those enrolled. Whether you are new to exercise or looking to make changes in your current program, highly qualified instructors are always available to assist in helping you achieve your goals. Come experience state of the art equipment and outstanding instruction by degreed fitness professionals!



GO FAR, CLOSE TO HOME.

MON-THU:
5:30 AM - 8:00 PM
FRI:
5:30 AM - 1:00 PM
4:00 PM - 7:00 PM
SAT:
7:00 AM - 12:00 PM
CLOSED SUNDAY

VISIT THE FITNESS CENTER
FOR A SIGNATURE
TO ENROLL

INCLUDES:
PERSONALIZED EXERCISE
PLANS
BLOOD PRESSURE CHECKS
BODY COMPOSITION
TESTING
COMPREHENSIVE GROUP
FITNESS PROGRAMS

NEED COLLEGE CREDIT?
WE HAVE THOSE
OPTIONS ALSO.

BE BETTER THAN YOU
WERE YESTERDAY!

PHOENIX COLLEGE FITNESS CENTER

1202 West Thomas Rd.
Phoenix, AZ 85013

[www.phoenixcollege.edu/
fitnesscenter](http://www.phoenixcollege.edu/fitnesscenter)

(602) 285-7295