

# TYPES OF WORK-BASED EXPERIENCES

## 1 APPRENTICESHIP

A career pathway where individuals can earn pay while learning a specific trade, skill, competency or profession with the assistance of knowledgeable practitioners.

*450 - 2000 hours, can be Registered or Industry-Recognized Apprenticeship Programs*

## 2 CLINICAL EXPERIENCE

Hands on experience in a clinical setting with direct patient care rather than theoretical or laboratory studies.

*10 - 60 hours, embedded or assigned as part of a course or program with faculty supervision*

## 3 CO-OP

Provides academic credit for structured, full-time job experience while maintaining full-time student status.

*Full-time work during a 6 month period*

## 4 EXTERNSHIP

A short-term experience with a working professional to observe and get a preview of the day-to-day activities.

*40 - 120 hours, can be completed over a series of weeks*

## 5 FIELD EXPERIENCE

Combines course content with "real world" application through observations, interactions, and hands-on activities.

*20 - 40 hours, depending on the program/course*

## 6 INTERNSHIP

Integrates "knowledge and theory learned in the classroom with practical application and skills development in a professional setting", as defined by the National Association of Colleges and Employers (NACE).

*80 hours/credit-hour within 16-week semester (credit bearing)*

*10 - 40 hours/week, during semester or summer (paid/unpaid)*

## 7 JOB SHADOWING

An opportunity where one can learn about a particular occupation or profession to see if it might be suitable for them by seeking advice from a working professional.

*4 - 8 hours per experience, can include career interviews*

## 8 PRECEPTORSHIP

Practical training under the supervision of an expert or specialist embedded within the course/program and require faculty approval.

*10 - 100 hours over a 16-week semester*

## 9 RESEARCH

Project based learning, where students work closely with faculty (collaborators) to find facts in an organized way or to make a new contribution to generalizable knowledge.

*6 - 8 weeks over summer, or within a 16-week semester/course*

## 10 SERVICE LEARNING

Involves students in a wide range of experiences, which benefit others and the community, while also advancing the goals of a given curriculum; includes reflection.

*4 - 100 hours dependent on if a one-time event, in-class module, or Independent Study for credit*



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